

Certificate of Course Completion

Course: Athletic Low Back Pain: Secrets for Effective Management and Treatment

Student: Flavio Dall'Osto

Start Date: 01/18/23

Completion Date: 01/26/23

Contact/Education Hours: 1.5

Learning Objectives and Goals:

- Determine evidence-based interventions for each category of the treatment-based classification system for athletes with low back pain
- Integrate regional interdependence, motor control training, and manual therapy as different treatment modalities to incorporate into the plan of care
- Plan an evidence-based intervention for the lumbar spine in athletes with radicular pain
- Select appropriate manual therapy and therapeutic exercise interventions based on the functional exam result of a case study

Instructors:

Kyle Matsel, *PT, DPT, PhD, SCS, CSCS*



MedBridge:

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