

Certificate of Course Completion

Course: Rotator Cuff Disorders and Their Treatment

Student: Flavio Dall'Osto

Start Date: 09/13/19

Completion Date: 09/18/19

Learning Objectives and Goals:

Upon completion of this course, the online learner will be able to:

1. Describe the anatomy of the shoulder as it relates to the rotator cuff, identify the muscles of the rotator cuff, as well as describe their unique characteristics and insertional footprints. Describe the characteristics of the various types of full thickness and partial thickness rotator cuff tears. Outline other shoulder pathologies that can occur concomitantly with rotator cuff tears.
2. Differentiate modifiable and non-modifiable factors affecting the success of rotator cuff repairs, explain the different prognostic factors that contribute to good outcomes of rotator cuff repairs, outline various repair techniques and the associated technique errors in rotator cuff repair.
3. Perform examination and evaluative procedures to assess a patient with a potential rotator cuff tear.
4. Outline the potential causes of partial tears, full thickness tears, subscapularis tears, and biceps injuries. Explain the various surgical approaches to the repair of partial, full thickness, and subscapularis tears, the possible complications, and current evidence-based understanding of outcomes after surgical repair.
5. Implement an evidence-based approach in the rehabilitation of patients who undergo rotator cuff repair. Outline the various approaches in the creation of rehabilitation programs for patients who have undergone rotator cuff repairs. Implement a three phase approach in the rehabilitation of patients with rotator cuff repairs.

Instructors:

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Physical Therapist Licensed In Other

Contact Hours: 3

License: 042737

State: Other